

Creating an Ergonomic Environment

Good ergonomics is about more than just reducing discomfort and preventing injury. It takes the increasingly collaborative and social nature of office work into account, and provides solutions to support these new ways of working.

Knoll has a broad portfolio of ergonomic products which promote movement and flexibility while providing continuous support. The right mix of tools will create a comfortable and productive and environment for happy and engaged workers.



Holistic Ergonomics

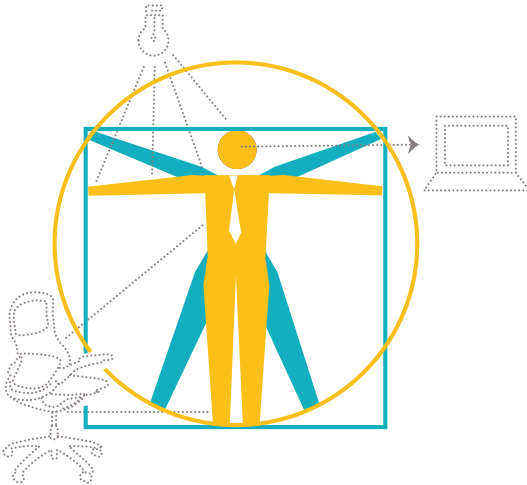
At Knoll, we promote *Holistic Ergonomics™* which goes beyond the traditional scope of ergonomics and is intended to **enhance comfort, performance and improve overall well-being.**

Holistic Ergonomics recognizes that the **physical, mental and social aspects of work must be addressed together** to create successful solutions. Whether it's for an individual workstation or the overall layout of a space, the furniture solutions should allow for easy transitions between different types of work.

Knoll takes a holistic approach to ergonomics, which incorporates:

Physical Aspects of Work

Study of body size, capabilities—fit of the workplace to the individual



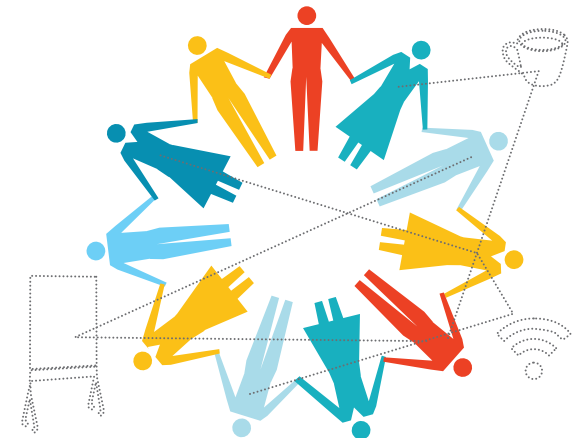
Mental Aspects of Work

Work load, job tasks, software interface—the individual at work



Social, Collaborative Aspects of Work

Formal and informal group work, transitions between modes—group spaces





Height-adjustable tables promote movement and different postures, allowing users to decide how they want to work.
Tone™ Height-Adjustable Tables; Generation by Knoll® Work Chair; Sapper XYZ® Monitor Arm



Holistic Ergonomics includes considering the transitions between different types of work; a freestanding table helps spur spontaneous exchange and interaction.
Generation by Knoll® Work Chair; MultiGeneration by Knoll® Side Chair; Sapper® Monitor Arm; Sparrow® light



An ergonomic work chair, lighting and technology support products will help create a comfortable, productive work space.
ReGeneration by Knoll® Work Chair; Sapper® Monitor Arm; Copeland™ Light



Holistic Ergonomics also addresses creating comfortable and productive areas beyond the primary workstation. Interpole™; Toboggan®; Pull Up Table; k. lounge™ Single Seat Bench with Back, Ottoman and Stool

Products to Promote Holistic Ergonomics

Ergonomic Task Seating [VIEW ALL](#) ▶



Generation by Knoll



ReGeneration by Knoll



Life



Remix



Chadwick



MultiGeneration by Knoll

Monitor Arms [VIEW ALL](#) ▶



Sapper XYZ



Sapper Single Monitor Arm



Sapper XYZ Crossbar



Sapper Double Monitor Arm



Sapper 50

Height-Adjustable Tables [VIEW ALL](#) ▶



Tone Height-Adjustable Table

Lighting [VIEW ALL](#) ▶



Sparrow



Copeland

Keyboard Supports [VIEW ALL](#) ▶



Act II