No Adjustment Necessary

Flex Back Net
Sit back and the Flex Back Net cradles your back, providing integral lumbar support. Optional fully upholstered back provides the additional comfort of foam and fabric over the Flex Back Net.

Dynamic Suspension control
The synchronized recline counterbalances your body weight for a smooth and effortless ride. Four independent flexors act as suspension devices that respond to your multidirectional movements—forward, backward and side-to-side.

Intuitive Adjustments (Standard)

Seat height
Lift the right lever. Sit down to lower the seat or remove your weight to raise it. Release the lever to lock.

Recline resistance
Sit fully upright. Push the right lever backward for the full range of recline, or pull it forward for upright support.

Performance Options

Arm options
Set-back arm supports provide clearance for your legs and feature Continuous Lumbar, so your back is supported when side sitting.

Height adjustable arm
To adjust the height, push the button on the arm. Slide the arm to the desired position and release the button to lock.

High performance arm
To adjust the height, lift the lever on the arm. Slide the arm to the desired position and release the lever to lock. Five float arm pads easily move in width and depth and pivot.

Adjustable lumbar
(Flex Back Net model only)
Grasp the lever at the center of the outer back and slide it to the desired position.

*All measurements take with the BIFMA Chair Measuring Device using the Universal Measurement Procedure which has a measurement uncertainty of ± 5%.

ReGeneration by Knoll® Features and Operating Instructions

Office Seating

ReGeneration by Knoll® Dimensions, Features and Operating Instructions

ANSI/BIFMA 5.1: 2013 (U.S. structural standard)
ANSI/BIFMA 100-2007 (U.S. ergonomic standard)
BIFMA GL-2001 (U.S. ergonomic guidance)
California TBR 117 (U.S. flammability standard for foam)
California TBR 133 (with approved FR treatment (U.S. flammability standard for full chair)

The ReGeneration by Knoll work chair has been tested and is approved for use by individuals weighing up to 300 pounds.